

Circular No. OS/12/25-26

Date-19.06.25

Dear Parents,

The 11th International Day of Yoga (IDY) 2025 marks a decade-long journey of celebrating yoga as a global movement for holistic well-being. The grand event, '[Yoga Sangam](#)', will witness a magnificent mass yoga demonstration in perfect harmony at over 1 lakh locations across the nation on 21st June 2025, **from 6:30 AM to 7:45 AM**, with the Hon'ble Prime Minister himself leading the national observance from the scenic shores of Visakhapatnam, Andhra Pradesh.

This year, Open Sky embraces the spirit of unity and wellness by inviting our young stars to participate in an inclusive celebration and be a part of this global sangam.

Parents are requested to encourage our students to take part in exciting IDY activities on MyGov: poster making, essay writing, jingle contests, and the Yoga Quiz etc. Photos of students while performing yoga/ e-certificate of participation should be uploaded on the class portal between **8:30 AM and 10:00 AM on 21st June 2025**.

For more details and digital resources, [visit yoga.ayush.gov.in](https://yoga.ayush.gov.in) or download the [Namaste Yoga App](#).

Let's inspire our children to embrace yoga and celebrate well-being together!

Warm regards,
Team Open Sky



Yoga for One Earth, One Health